

Festive Season at Amanera 2018

We are delighted to celebrate the festive season with you! For this special occasion, we have designed a special holiday program consisting of a range of experiences, culinary events and live music every night.

If you would like to sign up for any of the activities or reserve a table for one of our celebratory meals, please contact our team of Guest Assistants one day in advance. Please note, that some activities have a limited number of spaces.

In addition to this special program, we offer our regular experiences and activities which you will find in our excursion list. Those will be arranged individually and exclusively for you.

We wish you a relaxed and joyful Holiday Season and a Happy New Year. Your Amanera Family



22 December 2018

7pm-10pm *Dominican Night*

For a true Dominican experience, join us at the Beach Club. We will set up a sumptuous Dominican buffet with a whole pig on the pit, barbecue of the best seafood and traditional sides. Enjoy your own hand rolled cigar by our local Maestro del Cigarro, who has more than a decade's experience at Arturo Fuente, one of the Dominican Republic's most exclusive cigar brands.

Our Wellness Suggestion

6pm *Full Moon Yoga*

Tonight, the Full Moon will rise above Playa Grande. For this nature spectacle we invite you to experience true inner peace with our complimentary Full Moon Yoga session. Build focus, clarity and your inner power to start the festive season with a pure and awakened spirit. Please sign up for this complimentary activity with one of our Guest Assistants.

23 December 2018

10am *Bird Watching, meet at the Porte Cochère (for Kids)*

Amanera is home to a large variety of birds thriving in their natural habitat on property. Here, you can learn about Dominican Republic's national pride, the Palm chat, along with the Hispaniola Woodpecker, Smooth Billed Ani, American kestrel and many others. For this outdoors activity you will meet Samantha in the lobby and will be provided with binoculars and a list with an image of each bird. Please sign up for this complimentary activity with one of our Guest Assistants.

10am *Cardio boxing at the Bar*

Please sign up for this complimentary activity with one of our Guest Assistants.

6.30pm *Movie Night (for Kids)*



24 December 2018

- 10am *Nature Walk (for Kids)*
Please sign up for this complimentary activity with one of our Guest Assistants.
- 6.30pm *Christmas Cocktail*
Hosted by our General Manager & the Management Team
We invite you to enjoy a Christmas Cocktail unlike any other with feet in the sand at our Beach Club
- 7pm 8pm- *Bonfire at the Beach*
- 10pm *Christmas Eve Gala Night*
Join us in any of our restaurants to enjoy the Christmas Eve Gala

25 December 2018

- 11am *Santa's coming to the Beach*
Will he get to Amanera on his sled? Or on a surf board? Join us on the beach to share this moment.
- 3pm *Gingerbread Cookie Decoration (for Kids)*
Let your inner pastry chef take over in this hands-on, messy, fun activity. Samantha will show you different styles and ways to decorate your unique cupcakes. Afterwards, you can sample your own creations. Please sign up for this complimentary activity with one of our Guest Assistants.
- Our Wellness Suggestion
Beach Pavilion Massage
Visit our wellness pavilion on Playa Grande Beach and experience pure relaxation with the fresh salt air and the gentle sound of waves as you enjoy a customized holistic massage. Escape during the day, sunset or moonlight.

26 December 2018

- 10am *Nature Journal at the Library (for Kids)*
Come to the library and get started on your personal nature journal about the Dominican Republic. Add to it during your stay and once finished take it home with you to show to friends and family, as a keepsake, or to keep adding to. Please sign up for this complimentary activity
- 10am *Dance Lesson, Merengue at the Gym*
Come and experience the Dominican rhythms of bachata with our dance instructor. A fun and healthy way to get your body moving whether you learn the basic steps or practice advanced turn patterns. Please sign up for this complimentary activity with one of our Guest Assistants.
- 3pm *Kid's Pizza Baking Class (for Kids)*
Meet our Chef at the Beach Club and learn how to make the perfect pizza dough, next step will be rolling out the pizza and adding a variety of different delicious toppings. Please sign up for this complimentary activity with one of our Guest Assistants.
- 7pm-10pm *Beach Barbecue*
Let the Chef know your preference from a variety of local soups, ceviches and cuts of meat such as Rib-Eye, T-bone or Wagyu beef. If you are a fish lover, then ask for the local lobster or for the fresh catch of the day. We will make sure that the Amanera family style service will make your dining experience unique and unforgettable.

27 December 2018

- 10am *Sketch & Color Lessons at the Library (for Kids)*
- Settle in to the Library with Samantha where she will teach you easy techniques in the art of sketching. Show us your inner Picasso with one of the most breathtaking views on property. Once done, you can proudly take back home your new acquired skills and your landscape sketch. You will be provided with color pencils and eraser, and of course the scene. Please sign up for this complimentary activity with one of our Guest Assistants.
- 2pm *Face Painting at the Lounge Bar (for Kids)*
- Time to get creative and let your artistic self be free. With Samantha, learn great tips on how to transform your face. From pirates to princesses, pumpkins to kittens there's plenty of characters you can shift into. Please sign up for this complimentary activity with one of our Guest Assistants.

28 December 2018

- 10am *Board Games & Puzzles at the Library (for Kids)*
- There's a great selection of fun board games for children in our Library in the Main Casa. Samantha will show your children how to play. This is also a great way for your children to meet other kids staying at the resort. Please sign up for this complimentary activity with one of our Guest Assistants.
- 10am *Kick Boxing Lessons at the Gym*
- Please sign up for this complimentary activity with one of our Guest Assistants.
- 5pm *Yoga (for Kids)*
- It is never too early to teach children the benefits of Yoga, especially when it improves overall health, boosts confidence and creates a positive self-image. Our resident Yoga Instructor shall take the pleasure in showing various fun and relaxing poses they can take back home and continue practising. Requirements: for children aged 7 or older, with the maturity and interest-level to follow instructions respectfully during the 45 minute session. Please sign up for this complimentary activity with one of our Guest Assistants.
- 7pm-10pm *Lobster, Caviar & Champagne*
- Join us and feel like royalty with our caviar & lobster feast, all served with Champagne.



29 December 2018

3pm *Treasure Hunt (for Kids)*

Please sign up for this complimentary activity with one of our Guest Assistants.

Our Wellness Suggestion

Moonlight Yoga

Unite your body, mind and spirit with our Moonlight yoga by the beach. The gentle sound of the waves will enhance your experience and take you on a journey of self-discovery. A sacred Moon Ritual is practiced to release all that is no longer serving your higher self. It is an opportunity to let things go, to stay calm, breathe deeply through difficult moments, forgive, heal and surrender so that you may step forward into your true power. After the Yoga session, your spirit will be pure and awake. To close the ceremony, we will serve a healthy locally-inspired detoxifying beverage.

30 December 2018

10am *Arts & Craft – Masks (for Kids)*

Create your own personal mask for New Year's Eve. Please sign up for this complimentary activity with one of our Guest Assistants.

3pm *Churro Making (for Kids)*

Please sign up for this complimentary activity with one of our Guest Assistants.

Our Wellness Suggestion

Purifying Ritual

An invigorating treatment which purifies both skin and mind and allows your true essence to shine.

31 December 2018

New Year's Eve celebrations begin with cocktails hosted by the General Manager, at the Lounge Bar. For dinner, choose between a luxurious gala banquet with a 5 course menu at the Main Restaurant or a simpler buffet at the Beach Club. After dinner, join the party overlooking the ocean and admire the midnight fireworks & Champagne sabrage.

7pm *Cocktail Party*

Hosted by our General Manager and our Management Team, we invite you to say goodbye to 2018 while sipping on Champagne.

11pm-1am *New Year's Eve Dancing & Countdown*

Join us on the dramatic platform next to Casa Grande where music is awaiting, and spend the last minutes of 2018 with your close ones while dancing the year away. At midnight, fireworks and a Champagne sabrage will set the tone for the New Year.



1 January 2019

10am *Pottery at the Lounge Bar (for Kids)*

Please sign up for this complimentary activity with one of our Guest Assistants.

6.30pm *Movie Night (for Kids)*

Our Wellness Suggestion

120/150 min *New Moon Journey – The Beginning*

The new moon is a great time to build focus, and clarity, to create the roots of your wishes and intentions, and to forgive and let go to renew your inner power moving into 2018. Immerse yourself in the sensory experience with the smudging ceremony of Palo Santo followed by a foot ritual and a deep foot massage to forge a strong connection to the earth and open the root chakra. Warm, therapeutic poultices of ruda herbs will then be placed on specific points of your body as you enjoy a boosting facial massage with honey and aloe vera. A grounding full body hot stone massage follows, and helps to create an energy pathway to the earth, while soothing the muscles and joint pains. This journey ends with Larimar root chakra balancing, which generates a flow of energy to all other chakras, promotes readiness to move forward and gives you a greater sensation of inner peace.

2 January 2019

9am *Beach Circuit Initiation*

A new year and new you! Begin with an early morning building strength, conditioning and endurance with a beach circuit workout. A soft-sand jog down Playa Grande Beach will challenge your body, as well as add resistance as you sink into the sand. Mixed with conditioning squats, planks and lunges, this total body workout leaves you beach-ready. The class will take place at the Beach Club. Please sign up for this complimentary activity with one of our Guest Assistants.

3pm *Karaoke (for Kids)*

3 January 2019

10am *Bachata Lessons at the Lounge Bar*

Come and experience the Dominican rhythms of bachata with our Dance Instructor. A fun and healthy way to get your body moving whether you learn the basic steps or practice advanced turn patterns. Please sign up for this complimentary activity with one of our Guest Assistants.

3pm *Basketball at the court (for Kids)*

Learn how to play basketball in a snitch with one of our dedicated Aman staff. Whether experienced, seasoned or new, we are always up for a match. Learn the basics and try them out for yourself, the basketball court is always open. The court is located next to the tennis courts by the Spa.

4 January 2019

10am *Face Painting at the Lounge Bar (for Kids)*

Time to get creative and let your artistic self be free. With Samantha, learn great tips on how to transform your face. From pirates to princesses, pumpkins to kittens there's plenty of characters you can shift into. Please sign up for this complimentary activity with one of our Guest Assistants.

3pm *Karaoke (for Kids)*

7pm *Asian Night*

Discover the most authentic dishes of Asia in an Asian Menu carefully chosen by our Executive Sous Chef Manuel Fernandez. From the delicate taste of sushi to the spicy taste of curry, the menu will be paired with a selection of fine wines and sake. Join us at the Beach Club.

5 January 2019

10am *Bird Watching, meeting point at Porte Cochère (for Kids).*

Please sign up for this complimentary activity with one of our Guest Assistants.

3pm *Taino Pottery Introduction (for Kids)*

Come to the Lounge Bar and get started on the basics of Taino pottery. The Tainos were the indigenous people that used to live in Dominican Republic. Learn about their gods and way of life as you shape a pinch pot by hand and engrave it with designs. Please sign up for this complimentary activity with one of our Guest Assistants.

6 January 2019

10am *Beach Volleyball (for Kids)*

Get the kids active with a game of beach Volleyball. Our attendants will show your kids how to play this fun game. Please inform your Guest Assistant team in advance if your kids would like to play.

6.30pm *Bonfire & S'mores on the beach*

A great way to finish an action packed holiday. Come to the Beach Club where a crackling fire and bean bags await. Create the most scrumptious S'mores and mouth-watering roasted marshmallows. Adults are invited to also enjoy a drink with our Management Team.

7pm-10pm *Farewell Beach Barbecue*

Let the Chef know your preference from a variety of local soups, ceviches and cuts of meat such as Rib-Eye, T-bone or Wagyu beef. If you are a fish lover, then ask for the local lobster or for the fresh catch of the day. We will make sure that the Amanera family style service will make your dining experience unique and unforgettable.



Kid's Wellness Experiences

A parent or guardian must be present for all kids' spa services, a perfect way for all to spend a spa day together.

90 min *Twinkle Toes & Fingers*

A manicure and/pedicure for the young ones and a parent, to moisturize, protect and polish hands and feet to perfection, while enjoying a natural fruit smoothie. The perfect way to enjoy the tropical holidays as a family.

USD 165

30 min *Holistic Massage*

(9+ years) For our little spa goers, select from a relaxing scalp or foot massage with organic coconut oil, perfect for young skin.

USD 100

30 min *Holistic Facial*

(11+ years) We use natural products to cleanse, mask and hydrate in this facial that addresses young developing skin. The perfect time to start a skincare regimen and learn how to maintain a healthy glow. *USD 100*



Spa & Wellness

120/150 min *New Moon Journey*

The new moon is a great time to build focus, and clarity, to create the roots of your wishes and intentions, and to forgive and let go to renew your inner power moving into 2018. Immerse yourself in the sensory experience with the smudging ceremony of Palo Santo followed by a foot ritual and a deep foot massage to forge a strong connection to the earth and open the root chakra. Warm, therapeutic poultices of ruda herbs will then be placed on specific points of your body as you enjoy a boosting facial massage with honey and aloe vera. A grounding full body hot stone massage follows, and helps to create an energy pathway to the earth, while soothing the muscles and joint pains. This journey ends with Larimar root chakra balancing, which generates a flow of energy to all other chakras, promotes readiness to move forward and gives you a greater sensation of inner peace.

4 hours *USD 310/380*

Amanera Rejuvenate Journey

This rejuvenating journey begins with a moisturizing holistic massage using local virgin coconut oil rich in vitamin E and antioxidants. The tropical treatment concludes with a Coconut foot exfoliation and Cocoa body butter pressure point foot massage in this head-to-toe hydration ritual. Next, experience a deep cleansing and hydrating facial using natural anti-aging ingredients. Conclude with the finishing touches of a manicure and pedicure to perfect your look.

90 min *USD 500*

Vino y Vinyasa

An interactive journey combining the principles of yoga (primarily mindfulness, body ease, breath and meditation) with wine tasting. This session focuses on the yoga modality of movement as a method to release tension; access the relaxation response for a quiet mind; increase awareness of oneself; and assess the tastes and flavours derived from smells and senses to increase personal discernment of tastes and experience. A flight of red and white wines is presented throughout, while practicing relaxing yoga poses both standing and on the mat to heighten each individual's experience with each wine. To conclude the session, we practice a moment of meditative relaxation and honor our journey with a champagne toast.

USD 350 per couple

